



August 4, 2009
Editor: Norm Woodcock

Rotary Club of Saskatoon Nutana

Club No. 1380
Founded May 31, 1961

Club Officers

| | |
|-----------------|---------------------|
| President | Dorothy Hudson |
| President-Elect | Bill Christensen |
| Past President | Kim Horan |
| Vice-President | Khysar Pasha |
| Secretary | Jack Scott |
| Treasurer | Garry Schlichemeyer |

Board of Directors

| | |
|---------------------|-----------------------------------|
| Club Administration | Khysar Pasha |
| Membership | Philip Asea |
| Public Relations | Eileen Harvey & Dorothy Hudson |
| Service Projects | Bob MacGillivray |
| Rotary Foundation | Asit Sarkar |

Rotary Int'l President

John Kenny

District Governor

Nancy Morris

Assistant Governor

Donna Birkmaier

Websites

Club

www.rotarynutana.org

District

www.rotary5550.org

Rotary International

www.rotary.org

Call to Order

President Dorothy Hudson called on David Kaplan for *O Canada* and *Rotary Grace*, then thanked Jim Blackburn and Kim Horan for working at and Kent Creelman for selling Rotary dollars.

Visitors

Greeter Norm Woodcock welcomed:

- Guest speaker Joan Lidington;
- Paul Rancourt, guest of Bill Christensen;
- Visiting Rotarians Jack Braidek and Ted Hawes, both of the Rotary Club of Saskatoon Meewasin.
- Rotary Youth Leadership Award (RYLA) participants Shukofa and Shokriyeh Tajik and their Mom Bibi; and Josh Dustyhorn and his Mom Wanda Kay.



Darren Williams introduced our 2009 RYLA participants. They will be attending RYLA at Clear Lake, MB and will report to the club at our meeting of September 15.

Program – Joan Lidington – Cystic Fibrosis

Our speaker, Joan Lidington was raised on a family farm in Manitoba and is President Dorothy's sister. She became involved with the Cystic Fibrosis Association when her son was diagnosed with CF at the age of 21/2 years. Joan has held various responsible positions in

the association over the past 38 years.

Cystic Fibrosis is a disorder of the digestive and/or respiratory system that is caused by the formation of a thick mucus. The cause of CF is genetic and it is the most common fatal genetic disease. Both parents must be a carrier of the defective gene and there is a one in four chance of a child getting CF under these

circumstances. Joan has two sons, one who has CF and one who doesn't, however the non-CF son is a carrier.

At the time of her son's diagnosis, he was not expected to live into adulthood but because of advances in treatment Joan's son will celebrate his 40th birthday this year and has a full, active life as a lawyer.

The gene that causes CF was discovered in 1989 and it was hoped that a cure would soon be found but a cure has proved to be elusive. In the digestive system the thick mucus prevents the digestion of proteins and fat. In the lungs the mucus makes one more susceptible to infections and is life threatening. Enzyme replacement therapy is one treatment method but lung transplants may ultimately be required to sustain life.



The CF Association was formed by a group of parent whose children were afflicted with CF. There are 50 chapters across Canada and the goals of the Association are family support, fund raising for research and support of the treatment and transplant centers. There are 40 CF treatment clinics and 5 transplant clinics across Canada. The CF Association celebrates its 50th anniversary in 2010.

There has been significant progress in research in the areas of early detection and screening, new antibiotics and genetic screening, CF is no longer a progressive, life threatening disease.

In her work with the CF Society Joan has met many CF patients and is impressed by their relentlessly positive outlook.

Thanked by Philip Asea.

Announcements

- **Bill Christensen** - Tim Sandell is back in RUH for at least two weeks and is accepting visitors.
- **Dorothy Hudson:**
 - Shelter box gala will be held October 20. Our regular meeting will be cancelled that week.
 - Pitchfork fondue is scheduled for August 18 at the Berry Barn. Need sign up numbers this week. If not signed up, email Dorothy.
 - Rotarians have an opportunity to travel to Benin, West Africa, to participate in a National Polio Immunization Day program and attend the 5th Annual West African Project Fair from November 4-11, 2009 The program includes Hotel accommodations, transfers, most meals, hands-on polio eradication field work, visits to local communities to experience and explore Rotarian humanitarian programs, West Africa Project Fair registration, special Rotary and fellowship events, sightseeing, etc. Attached is a detailed folder describing the trip in more detail. Because of limited space, we expect this program will sell out in the next few weeks Anyone who is interested should contact: Bradford R. Howard, PDG Rotary District 5170 West Africa Project Fair Committee 516 Grand Avenue Oakland, CA94610 Phone:(510) 834-2260 FAX:(510) 834-1019 E-mail: Rotary@HowardTours.net Yours in Rotary Nancy Morris District Governor Rotary District 5550.

- **Bob Devrome** - City wide Rotary golf on Aug 12 at Greenbryre. Tee offs start at noon. If not paid need money soon.
- **Gary Schlichemeyer** - Cheques for the Duck Derby winners have been completed. If you can deliver to the winners let Gary know.
- **Norm Woodcock** - Meals on Wheels signup sheets are now available through to the end of November.
- **Khysar Pasha** – Nutana Rotary will sponsor a Citizenship Ceremony on Friday, September 11 at McClure United Church, 4025 Taylor Street East. We will start the ceremony at 11.45 am – 12:00 noon and eat lunch tentatively at 1 p.m. This will take the place of our regular Tuesday meeting for that week.

Sergeant at Arms

Sergeant-at-Arms Jim Blackburn levied fines on Dorothy Hudson, August birthdays and those not signed up for Meals on Wheels. Happy/Sad\$ - Tastad (vacation, Heart and Stroke fund raising exploits, and cystic fibrosis survival of brother-in-law), McGillivray (trip to Scotland), Devrome (kidney stones), Dierker (something about those wonderful lawyers), Scott (trip to Calgary, Sergey’s illness), George (Kinsmen band reunion, Melfort), Braithwaite (vacation), Blackburn (Waskesiu holiday with the herd).

Draws

50/50 - Winner of \$27 was Paul Rancourt.

Winner of a Cystic Fibrosis book was Joe Dierker

Program Calendar August 2009

Program Chair: Philip Asea

| Date | Attendance Desk | Greeter | Rotana Editor | Sgt-at-Arms | Speaker/Topic | Intro | Club Thanks |
|-----------|--|---------|---------------|---------------|---|-------|-------------|
| August 11 | Jim Blackburn & John Montgomery | TBA | Bryan Tastad | Jim Blackburn | Nancy Morris <i>District Governor's Visit</i> | TBA | TBA |
| August 12 | Meals on Wheels Driver – Driver Needed Rotary Inter-Club Golf Tournament at Greenbryre – First tee off at 12 noon | | | | | | |
| August 13 | Meals on Wheels Driver – Bill Christensen | | | | | | |
| August 18 | Sergey Fedoroff & Bill Sinnett | TBA | Bryan Tastad | Norm Woodcock | The program will be a Pitchfork Fondue fellowship event at the Berry Barn in the evening. This will take the place of our luncheon meeting. | | |
| August 19 | Meals on Wheels Driver – Driver Needed | | | | | | |
| August 20 | Meals on Wheels Driver – Driver Needed | | | | | | |
| August 25 | Sergey Fedoroff & Bill Sinnett | TBA | Bryan Tastad | Norm Woodcock | TBA | TBA | TBA |
| August 26 | Meals on Wheels Driver – Betty Ann Arscott | | | | | | |
| August 27 | Meals on Wheels Driver – Driver Needed | | | | | | |

Rotary Minute – August 4

Rotary Youth Leadership Awards (RYLA) is Rotary's leadership training program for young people. RYLA participants can be ages 14-30, but most clubs and districts choose to focus on a narrower age range, such as 14-18 or 19-30.

RYLA emphasizes leadership, citizenship, and personal growth, and aims to

- Demonstrate Rotary's respect and concern for youth
- Provide an effective training experience for selected youth and potential leaders
- Encourage leadership of youth by youth
- Recognize publicly young people who are rendering service to their communities

The Rotary Club of Brandon is hosting the 2009 RYLA camp for District 5550, which will be held at the Anglican Church Camp in Clear Lake, Manitoba.

BASIC RYLA (August 10-14, 2009) Must have completed grades 7 or 8 for Basic Camp.

ADVANCED RYLA (August 17-22, 2009) Must have completed grades 9,10, or 11 for Advanced Camp.